RECREATION AND LEISURE, B.S. - YOUTH DEVELOPMENT AND LEADERSHIP

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit Degree Requirements >>General Education (LEP) Requirements. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

C or better required. Courses with less than C must be repeated within two semesters. Students receiving grades of C or lower in more than one recreation course may be dismissed from this major.

Core Requirements (30 Credits)
REC 100 – Introduction to Recreation, Tourism, and Sport Management
REC 210 – Activity Development and Leadership
REC 220 - Inclusive Recreation (T2CD)*
REC 250 - Leadership and Professional Development in Recreation and Sport
REC 320 – Program Planning and Management
REC 420 – Organization and Administration of Leisure
REC 470 – Senior Research Methods
Internships
REC 301 – Internship I

Select one (6 credits):
REC 400 – Internship II
REC 433 – Field Experience in Therapeutic Recreation

Concentration in Youth Development and Leadership (24 Credits)
REC 120 – Leadership Development (T2MB)*
REC 251 – Recreation and Youth Development
REC 321 – Advanced Techniques of Program Planning and Management
REC 390 – Grant Writing
REC 461 – Entrepreneurship in Recreation
SMT 351 – Facility Design and Management
6 Additional Credits of REC or SMT or THE

COGNATE REQUIREMENTS (12 Credits)

PSY 100 – Introduction to Psychology
PSY 219 – Lifespan Development

Select two from:
MDS 341 – Networked Youth Culture
MKT 200 – Principles of Marketing
PSC 351 – Public Policy Analysis
PSY 210 – Infant and Child Development
PSY 215 – Adolescent Development
SOC 322 – Sociology of the Family
SOC 338 – Juvenile Delinquency