RECREATION AND LEISURE, B.S. - THERAPEUTIC RECREATION

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 2.5 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit Degree Requirements >>General Education (LEP) Requirements. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

‘C’ or better required. Courses with less than 'C' must be repeated within two semesters. Students receiving grades of 'C' or lower in more than one recreation course may be dismissed from this major.

Core Requirements (30 Credits)
REC 100 – Introduction to Recreation, Tourism, and Sport Management
REC 210 – Activity Development and Leadership
REC 220 - Inclusive Recreation (T2CD)*
REC 250 - Leadership and Professional Development in Recreation and Sport
REC 320 – Program Planning and Management
REC 420 – Organization and Administration of Leisure
REC 470 – Senior Research Methods
Internships
REC 301 – Internship I

Select one (6 credits):
REC 400 – Internship II
REC 433 – Field Experience in Therapeutic Recreation

Concentration in Therapeutic Recreation (24 Credits)
REC 231 – Foundations of Therapeutic Recreation
REC 314 – Medical Aspects of Therapeutic Recreation
REC 331 – Therapeutic Recreation: Assessment and Individualized Programming
REC 391 – Interventions and Facilitation Techniques in Therapeutic Recreation
REC 431 – Current Practices in Therapeutic Recreation
REC 441 – Design and Administration of Therapeutic Recreation Services

Select 2 from:
CMD 205 - Social Communication
REC 202 - Methods: Birth to Five
REC 205 - Circus Arts in Recreation
REC 251 - Recreation and Youth Development
REC 288 - Introduction to Animal Assisted Interventions
REC 303 - Leisure and Aging
REC 307 - Disabilities in Society
REC 311 - Introduction to Child Life Therapy
REC 312 - Therapeutic Play
REC 403 - Mediation: Community Settings
RSP 330 - Case Studies in Medical Ethics
SMT 207 - Adaptive Recreation Sport

**COGNATE REQUIREMENTS (15 Credits)**

HMS 280 – Survey of Anatomy and Physiology
PSY 100 – Introduction to Psychology (T2MB)*
PSY 219 – Lifespan Development
PSY 321 – Abnormal Psychology
PSY @ – Psychology Elective