RECREATION AND LEISURE, B.S. - THERAPEUTIC RECREATION

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 2.5 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit https://catalog.southernct.edu/undergraduate/degrees-and-requirements.html (General Education Requirements). Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

‘C’ or better required. Courses with less than ‘C’ must be repeated within two semesters. Students receiving grades of ‘C’ or lower in more than one recreation course may be dismissed from this major.

Core Requirements (30 Credits)

- REC 100 – Introduction to Recreation, Tourism, and Sport Management
- REC 210 – Activity Development and Leadership
- REC 220 - Inclusive Recreation (T2CD)*
- REC 250 - Leadership and Professional Development in Recreation and Sport
- REC 320 – Program Planning and Management
- REC 420 – Organization and Administration of Leisure
- REC 470 – Senior Research Methods
- Internships
- REC 301 – Internship I

Select one (6 credits):
- REC 400 – Internship II
- REC 433 – Field Experience in Therapeutic Recreation

Concentration in Therapeutic Recreation (24 Credits)

- REC 231 – Foundations of Therapeutic Recreation
- REC 314 – Medical Aspects of Therapeutic Recreation
- REC 331 – Therapeutic Recreation: Assessment and Individualized Programming
- REC 391 – Interventions and Facilitation Techniques in Therapeutic Recreation
REC 431 – Current Practices in Therapeutic Recreation  
REC 441 – Design and Administration of Therapeutic Recreation Services

Select 2 from:
CMD 205 - Social Communication  
REC 202 - Methods: Birth to Five  
REC 205 - Circus Arts in Recreation  
REC 251 - Recreation and Youth Development  
REC 288 - Introduction to Animal Assisted Interventions  
REC 303 - Leisure and Aging  
REC 307 - Disabilities in Society  
REC 311 - Introduction to Child Life Therapy  
REC 312 - Therapeutic Play  
REC 403 - Mediation: Community Settings  
RSP 330 - Case Studies in Medical Ethics  
SMT 207 - Adaptive Recreation Sport

**COGNATE REQUIREMENTS (15 Credits)**

HMS 280 – Survey of Anatomy and Physiology  
PSY 100 – Introduction to Psychology (T2MB)*  
PSY 219 – Lifespan Development  
PSY 321 – Abnormal Psychology  
PSY @ – Psychology Elective