RECREATION AND LEISURE, B.S. - THERAPEUTIC RECREATION

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 2.5 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. Detailed information on these requirements is published in this section of the catalog: https://catalog.southernct.edu/undergraduate/general-information/lep.html

Writing courses are not additional course requirements, course sections that meet this requirement are designated with a ‘W’ on the class schedule. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

‘C’ or better required. Courses with less than ‘C’ must be repeated within two semesters. Students receiving grades of ‘C’ or lower in more than one recreation course may be dismissed from this major.

Concentration in Therapeutic Recreation (42 Credits)
REC 100 – Introduction to Recreation, Tourism, and Sport Management
REC 210 – Activity Development and Leadership
REC 220 – Inclusive Recreation (T2CD)*
REC 231 – Foundations of Therapeutic Recreation
REC 314 – Medical Aspects of Therapeutic Recreation
REC 320 – Program Planning and Management
REC 331 – Therapeutic Recreation: Assessment and Individualized Programming
REC 391 – Interventions and Facilitation Techniques in Therapeutic Recreation
REC 420 – Organization and Administration of Leisure
REC 431 – Current Practices in Therapeutic Recreation
REC 441 – Design and Administration of Therapeutic Recreation Services
REC 480 – Philosophy of Recreation and Leisure

Select 2 from:
CMD 205 - Social Communication
REC 202 - Methods: Birth to Five
REC 205 - Circus Arts in Recreation
REC 251 - Recreation and Youth Development
REC 288 - Introduction to Animal Assisted Interventions
REC 303 - Leisure and Aging
REC 307 - Disabilities in Society
REC 311 - Introduction to Child Life Therapy
REC 312 - Therapeutic Play
REC 403 - Mediation: Community Settings
RSP 330 - Case Studies in Medical Ethics
SMT 207 - Adaptive Recreation Sport

**Recreation and Leisure Requirements** (12 Credits)
REC 470 – Senior Research Methods
REC 301 – Internship I

Select one:
REC 400 – Internship II
REC 433 – Field Experience in Therapeutic Recreation

**COGNATE REQUIREMENTS (15 Credits)**

EXS 280 – Survey of Anatomy and Physiology
PSY 100 – Introduction to Psychology (T2MB)*
PSY 219 – Lifespan Development
PSY 321 – Abnormal Psychology
PSY @ – Psychology Elective