RECREATION AND LEISURE, B.S. - RECREATION AND YOUTH DEVELOPMENT

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers:
https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. Detailed information on these requirements is published in this section of the catalog: https://catalog.southernct.edu/undergraduate/general-information/lep.html.

Writing courses are not additional course requirements, course sections that meet this requirement are designated with a ‘W’ on the class schedule. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

C or better required. Courses with less than C must be repeated within two semesters. Students receiving grades of C or lower in more than one recreation course may be dismissed from this major.

REC 100 – Introduction to Recreation, Tourism, and Sport Management
REC 120 – Leadership Development (T2MB)*
REC 210 – Activity Development and Leadership
REC 220 – Inclusive Recreation (T2CD)*
REC 251 – Recreation and Youth Development
REC 320 – Program Planning and Management
REC 321 – Advanced Techniques of Program Planning and Management
REC 390 – Grant Writing
REC 420 – Organization and Administration of Leisure
REC 461 – Entrepreneurship in Recreation
REC 470 – Senior Research Methods
REC 480 – Philosophy of Recreation and Leisure
SMT 351 – Facility Design and Management
6 Additional Credits of REC

Internships
REC 301 – Internship I

Select one (6 credits):
• REC 400 – Internship II
• REC 433 – Field Experience in Therapeutic Recreation

**COGNATE REQUIREMENTS (12 Credits)**

PSY 100 – Introduction to Psychology
PSY 219 – Lifespan Development
PSC 351 – Public Policy Analysis

Select one from:
MKT 200 – Principles of Marketing
SOC 322 – Sociology of the Family
SOC 338 – Juvenile Delinquency