RECREATION AND LEISURE STUDIES, B.S.  
- CHILD LIFE SPECIALIST

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 3.0 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. Detailed information on these requirements is published in this section of the catalog: https://catalog.southernct.edu/undergraduate/general-information/lep.html.

Writing courses are not additional course requirements, course sections that meet this requirement are designated with a ‘W’ on the class schedule. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

Courses with less than 'C' must be repeated within two semester. Students receiving grades of 'C' or lower in more than one recreation course may be dismissed from this major.

REC 202 - Methods and Materials: Birth to Five  
REC 220 - Inclusive Recreation (T2CD)*  
REC 231 - Foundations of Therapeutic Recreation  
REC 311 - Intro to Child Life Therapy  
REC 312 - Therapeutic Play  
REC 320 - Program Planning and Management  
REC 331 - Therapeutic Recreation: Assessment and Individualized Programming  
REC 391 - Interventions and Facilitation Techniques in Therapeutic Recreation  
REC 420 - Organization and Administration of Leisure  
REC 470 - Senior Research Methods  
REC 480 - Philosophy of Recreation and Leisure  
6 Additional Credits of REC  
SOC 322 - Sociology of the Family  
PCH 450 - Death, Dying & Bereavement  
Internships (9 Credits):  
REC 301 - Internship I
Select one (6 credits):
REC 400 - Internship II
REC 433 - Field Experience in Therapeutic Recreation

COGNATE REQUIREMENTS (18 Credits)

EXS 280 - Survey of Anatomy and Physiology
PSY 100 - Introduction to Psychology (T2MB)*
PSY 210 - Infant & Child Development
PSY 215 - Adolescent Psychology
PSY 219 - Lifespan Development
PSY 321 - Abnormal Psychology