RECREATION AND LEISURE, B.S. - CHILD LIFE SPECIALIST

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 3.0 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southerncst.edu/academics/recreation-tourism-sport-management/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit https://catalog.southernct.edu/undergraduate/degrees-and-requirements.html (General Education Requirements). Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (54 Credits)

Courses with less than 'C' must be repeated within two semester. Students receiving grades of 'C' or lower in more than one recreation course may be dismissed from this major.

- REC 202 - Methods and Materials: Birth to Five
- REC 220 - Inclusive Recreation (T2CD)*
- REC 231 - Foundations of Therapeutic Recreation
- REC 311 - Intro to Child Life Therapy
- REC 312 - Therapeutic Play
- REC 320 - Program Planning and Management
- REC 331 - Therapeutic Recreation: Assessment and Individualized Programming
- REC 391 - Interventions and Facilitation Techniques in Therapeutic Recreation
- REC 420 - Organization and Administration of Leisure
- REC 470 - Senior Research Methods
- REC 480 - Philosophy of Recreation and Leisure
- 6 Additional Credits of REC
- SOC 322 - Sociology of the Family
- PCH 348 - Death, Dying & Bereavement

Internships (9 Credits):
- REC 301 - Internship I

Select one (6 credits):
REC 400 - Internship II
REC 433 - Field Experience in Therapeutic Recreation

COGNATE REQUIREMENTS (18 Credits)

EXS 280 - Survey of Anatomy and Physiology
PSY 100 - Introduction to Psychology (T2MB)*
PSY 210 - Infant & Child Development
PSY 215 - Adolescent Psychology
PSY 219 - Lifespan Development
PSY 321 - Abnormal Psychology