PSYCHOLOGY, B.A. - MENTAL HEALTH

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/psychology/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit Degree Requirements >> General Education (LEP) Requirements. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (41 Credits)

Acceptance to the major required.
‘C’ or better required in all PSY courses, except PSY 100.

Survey of Field and Program (4 credits)
Take two required courses:
- PSY 100 – Introduction to Psychology (T2MB)*
- PSY 300 – The Psychology Major: Curriculum and Careers

Scientific Inquiry (7 credits)
Take two required courses:
- PSY 259 – Statistics in Psychology
- PSY 393 – Research Methods in Psychology

Individual and Social Systems (3 credits)
Take one required course:
- PSY 228 – Personality

Development (3 credits)
Choose one of:
- PSY 210 – Infant and Child Development
- PSY 215 – Adolescent Development
- PSY 219 – Lifespan Development
- PSY 315 – Adulthood and Aging
- PSY 318 – Emotional and Social Development
- PSY 322 – Early Developmental Disability

Applied (6 credits)
Take one of required courses:
PSY 220 – Introduction to the Mental Health Field

Choose one of:
• PSY 320 - Abnormal Child Psychology
• PSY 321 - Abnormal Psychology

Basic Processes (3 credits)
Choose one of:
PSY 303 – Perception
PSY 311 – Learning
PSY 313 – Cognition
PSY 332 – Human Emotions
PSY 383 – Brain and Behavior

Seminars and Advanced Scientific Inquiry, Clinical Seminar (3 credits)
Choose one of:
PSY 465 – Seminar in Psychological Counseling and Therapy
PSY 474 – Seminar in Behavior Theory and Practice

Seminars and Advanced Scientific Inquiry, MH subset (3 credits)
Choose one of:
PSY 412 – Psychology of Gender
PSY 414 – Psychology of Spirituality
PSY 427 – Seminar in Close Relationships
PSY 431 – Tests and Measurements
PSY 461 – Data Gathering Techniques: Assessment
PSY 465 – Seminar in Psychological Counseling and Therapy
PSY 466 – Clinical Psychology
PSY 474 – Seminar in Behavior Theory and Practice
PSY 487 – Psychopharmacology
PSY 492* – Psychology and Law
PSY 494 – Seminar in the Human Nervous System and Behavior

Seminars and Advanced Scientific Inquiry (3 credits)
Choose one of:
PSY 401 – History and Systems of Psychology
PSY 406 – Language
PSY 412 – Psychology of Gender
PSY 414 – Psychology of Spirituality
PSY 415 – Topics in Development
PSY 427 – Seminar in Close Relationships
PSY 431 – Tests and Measurements
PSY 461 – Data Gathering Techniques: Assessment
PSY 462 – Data Gathering Techniques: Instrumentation
PSY 465 – Seminar in Psychological Counseling and Therapy
PSY 466 – Clinical Psychology
PSY 474 – Seminar in Behavior Theory and Practice
PSY 484 – Comparative Animal Behavior
PSY 487 – Psychopharmacology
PSY 490 – Seminar for Psychology Majors
PSY 492 – Psychology and Law
PSY 494 – Seminar in the Human Nervous System and Behavior

Experiential Learning
Take two required courses (to be taken concurrently):
PSY 471 — Seminar in Psychological Services
PSY 472 — Field Practicum in Psychological Services I