PHYSICAL EDUCATION PK-12, B.S.

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 2.7 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/hms/programs

This program is an education preparation program. Please consult the College of Education page for more information about the college admission requirements.

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. Detailed information on these requirements is published in this section of the catalog: https://catalog.southernct.edu/undergraduate/general-information/lep.html.

Writing courses are not additional course requirements, course sections that meet this requirement are designated with a ‘W’ on the class schedule. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (71 Credits)

**Physical Education Requirements** (51 Credits)
- HMS 131 – Teaching Aquatics (‘B’ or better)
- HMS 191 – Introduction to Teaching Physical Education (‘C’ or better)
- HMS 282 – Anatomy and Physiology II (‘C’ or better)
- HMS 291 – Exploring the Teaching of Physical Education (‘B’ or better)
- HMS 292 – Instructional Strategies for Physical Education (‘B’ or better)
- HMS 293 - Movement Foundations (‘B’ or better) (T2CD)*
- HMS 313 – Teaching Skill Themes and Movement Concepts (‘B’ or better)
- HMS 314 – Teaching Individual Performance Activities (‘B’ or better)
- HMS 315 – Teaching Outdoor Pursuits and Adventure Education in PE (‘B’ or better)
- HMS 316 – Physical Activity Promotion and Advocacy (‘B’ or better)
- HMS 350 – Teaching Physical Fitness K-12 (‘B’ or better)
- HMS 352 – Skill and Strategy of Target, Striking/Fielding, Net/Wall Games (‘B’ or better)
- HMS 383 – Biomechanics (‘C’ or better)
- HMS 384 – Exercise Physiology (‘C’ or better)
- HMS 394 – Physical Education (Elementary School) (‘B’ or better)
- HMS 400 – Skill and Strategy of Invasion Games (‘B’ or better)
- HMS 442 - Practicum Seminar in Physical Education (T3)*
- HMS 480 – Motor Learning and Development (‘C’ or better)
- HMS 483 – Adapted Physical Education (‘B’ or better)
HMS 485 – Measurement and Statistics in Exercise Science (‘C’ or better)
HMS 495 – Physical Education (Secondary) (‘B’ or better)

**Physical Education preK-12 Education Requirements** (20 Credits)
EDU 316 – Child Development and Psychology for Educators (‘C’ or better)
EDU 471 - Supporting English Learners for School Success (‘C’ or better) (formerly IDS 471)
RDG 470 - Literacy in the Content Areas (‘C’ or better) (formerly IDS 470)
SED 481 – Teaching Exceptional Students in the Elementary Education Classroom (‘C’ or better)
  or SED 482 – Teaching Exceptional Students in the Secondary Education Classroom (‘C’ or better)
HMS 452 - Elementary Physical Education Student Teaching
HMS 453 - Secondary Physical Education Student Teaching

**Non-Course Requirements:**
Module 1: Behavioral Difficulties (Social and Emotional Development)
Module 2: Dyslexia Required

**COGNATE REQUIREMENTS (19 Credits)**

BIO 200 - Human Anatomy and Physiology I (T2LE)*
EDU 200 - Teachers, Schools, and Society (‘C’ or better) (T2CC)*
HIS 110 or HIS 111 – United States History I or II (T2AE)*
SHE 203 – School Health (T2MB)*

Critical Thinking (select one) (T1CT)*:
ANT 100 – Interpreting Cultures
ART 106 – Critical Thinking in the Visual Arts
ECO 110 - Social Issues and Economic Thinking
ENG 125 - Reading Sexism and Homophobia Critically
ENV 101 – Critical Thinking: Global Environmental Issues
GEO 105 – Food Systems: A Geography
HIS 150 – Critical Thinking through Historical Biography
PHI 100 – Introduction to Philosophy
PHY 111 – Physics for Today
PHY 123 – Critical Thinking and Science for Future Leaders
PSC 150 – Thinking about Politics
SOC 102 – Exploring Social Issues

Technical Fluency (select one) (T1TF)*:
GEO 110 – Geography and Conflict: Ethnicity, Race, and Economy in the US
GEO 170 - Basic Drone Technology
MUS 117 - Introduction to Music Technology
PHY 103 – Physics and Technology for Health Professionals
PHY 120 – Physics for Tomorrow: Nanotechnology
WLL 108 - Technology and Language Learning