MINOR IN NUTRITION

18 Credits Required

This minor is intended to provide the student with a background in nutrition for personal and community application.

Requirements:

PCH 200 - Introduction to Nutrition

Select 15 credits from:

• PCH 204 - Food Selection and Preparation
• PCH 205 - Principles of Meal Management
• PCH 273 - Weight Management
• PCH 300 - Food Science
• PCH 306 - Diet and Nutritional Therapy
• PCH 360 - Community Nutrition
• PCH 425 - Nutrition Ecology
• PCH 440 - Food Hygiene
• HMS 301 - Exercise and Nutrition