MINOR IN NUTRITION

CONTACT:
Debra Risisky
risiskyd1@southernct.edu

18 Credits Required

This minor is intended to provide the student with a background in nutrition for personal and community application.

Requirements:
PCH 200 - Introduction to Nutrition

Select 15 credits from:
PCH 204 - Nutrition and Health Cooking
PCH 205 - Principles of Meal Management
PCH 273 - Weight Management
PCH 300 - Food Science
PCH 306 - Diet and Nutritional Therapy
PCH 360 - Community Nutrition
PCH 425 - Nutrition Ecology
PCH 440 - Food Hygiene
HMS 301 - Exercise and Nutrition