MINOR IN NUTRITION

18 Credits Required

This minor is intended to provide the student with a background in nutrition for personal and community application.

Requirements:

PCH 200 - Introduction to Nutrition

Select 15 credits from:

- PCH 204 - Food Selection and Preparation
- PCH 205 - Principles of Meal Management
- PCH 273 - Weight Management
- PCH 300 - Food Science
- PCH 306 - Diet and Nutritional Therapy
- PCH 360 - Community Nutrition
- PCH 425 - Nutrition Ecology
- PCH 440 - Food Hygiene
- HMS 301 - Exercise and Nutrition