MINOR IN COACHING

18 Credits Required

Requirements:

HMS 280 - Survey of Anatomy and Physiology
HMS 319 - Health and Safety for Coaches
HMS 370 - Coaching Individual, Dual, and Team Sports
HMS 380 - Sport Psychology
HMS 480 - Motor Learning and Development

Select 1 additional course from:

PCH 200 - Introduction to Nutrition
SMT 200 - Recreational Team Sports
SMT 465 - Sport Analytics