HEALTHCARE STUDIES, B.S. - THERAPEUTIC RECREATION IN AGING

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/healthcare-studies

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. To review more detailed information regarding these requirements, please visit http://catalog.southernct.edu/undergraduate/degree-requirements.html (General Education Requirements). Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (51 Credits)

Healthcare Studies Core (33 Credits)

HLS 200
or
HSC 200
- Healthcare Professions and Medical Terminology
  HLS 210
- Principles of Patient Centered Healthcare
  HLS 330
- Case Studies in Healthcare Ethics or
  PHI 325

Bio-Medical Ethics

HLS 400
- Health Informatics
  HLS 415
- Healthcare Systems, Policy, and Billing
  HLS 440
- Research Methods for Evidence-Based Healthcare
  MGT 300
- Management and Organization or
  PCH 362
- Public Health Management
  PCH 265
- Illness and Disease
  PSY 219
- Lifespan Development  
  PSY 366
- Health Psychology  
  REC 307
- Disabilities in Society

**Concentration in Therapeutic Recreation in Aging (18 Credits)**

PCH 348 - Death, Dying and Bereavement  
REC 210 - Activity Development and Leadership  
REC 231 - Foundations of Therapeutic Recreation  
REC 300 - Practicum  
REC 303 - Leisure and Aging  
REC 391 - Interventions and Facilitation Techniques in Therapeutic Recreation

**COGNATE REQUIREMENTS (7 Credits)**

Select one:  
BIO 200  
- Human Anatomy and Physiology (T2LE)*  
  HMS 280  
Survey of Anatomy and Physiology  
  PSY 100
- Introduction to Psychology (T2MB)*