ATHLETIC TRAINING, B.S./M.A.T.
ACCELERATED

The program outline and graduation requirements are listed below. In addition, free electives are selected to reach 120 credits overall and a 3.0 cumulative GPA is required for graduation.

The department website provides an overview of the program, admission requirements (when applicable), faculty biographies, learning outcomes, and careers: https://www.southernct.edu/academics/hms/programs

GENERAL EDUCATION REQUIREMENTS

All bachelor’s degree programs include liberal education (LEP) and writing (W) course requirements. Detailed information on these requirements is published in this section of the catalog: https://catalog.southernct.edu/undergraduate/general-information/lep.html

Writing courses are not additional course requirements, course sections that meet this requirement are designated with a ‘W’ on the class schedule. Courses in the major and/or cognate may also be used to satisfy LEP requirements where noted below (*).

MAJOR REQUIREMENTS (55 Credits)

Minimum Major GPA of 2.0 Required

BIO 120 - Microbiology
BIO 200 - Human Anatomy I (T2LE)*
BIO 201 - Human Anatomy & Physiology II
PHY 200 - or higher

HMS 301 - Exercise and Nutrition
HMS 308 - Essentials of Strength and Conditioning
HMS 380 - Sport Psychology
HMS 383 - Biomechanics of Sport and Exercise
HMS 384 - Exercise Physiology
HMS 413 - Functional Anatomy & Clinical Kinesiology
HMS 485 - Measurement & Statistics in Exercise Science

ATH 520 - Prevention and Health Promotion
ATH 540 - Athletic Training Clinical Practice I
ATH 542 - Examination and Diagnosis- Musculoskeletal Conditions
ATH 543 - Primary and Emergency Care
ATH 546 - Evidence Based Practice and Health Care Informatics I
COGNATE REQUIREMENTS (13 Credits)

CHE 120 - General Chemistry I (T2PR)*
MAT 107 - Elementary Statistics (T1QR)*
PCH 200 - Introduction to Nutrition
PSY 100 - Introduction to Psychology (T2MB)*